

# ADULT VISITATION POLICY UIHC BURN/TRAUMA UNIT

*The Burn Treatment Center and Trauma/Intermediate Care Unit supports the concept of patient and family-centered care. We realize that family members are a valuable part of the healthcare team and we encourage the presence and participation of family members. For the comfort and safety of all involved, we ask that you follow these guidelines:*

1. **Visiting hours are from 8AM to 10PM.** These hours may be changed as needed according to the nursing staff to provide the best care possible for the patient.
2. We encourage limited visits during the hours of 3:00 – 4:30 PM daily, to allow our patients a rest period.
3. All visitors and patient attendants must be **free of transmissible illnesses** and follow all isolation and infection control policies including, but not limited to:
  - Washing hands or using waterless hand sanitizer when entering and exiting patient's room and after patient contact.
  - Follow isolation signs on the outside of the patient's door. These will give you further direction if gowns, gloves, and/or masks are needed.
4. All visitors and attendants must be respectful of the patient, other patients on the unit, family, visitors, and staff members. Foul language, violent or threatening behavior, and any discriminatory, disrespectful, or offensive conversation or comments will **NOT** be tolerated. If you cannot comply with this, you will be asked to leave.
5. Each adult patient (over the age of 18) may have **one** attendant that stays with them overnight in their room. In double rooms, your roommate must be agreeable to you having an attendant in the room. The visiting hours do not apply to the attendant. We can provide a cot or a recliner chair for the attendant to sleep in. Please ask the nursing staff for assistance. Except in special circumstances, more than one attendant will not be permitted.
6. An attendant must be able to perform the following:
  - Provide comfort and support to the patient
  - Encourage the patient to be independent as much as possible to facilitate their recovery.
  - Be over the age of 18 years old. Minors are not allowed to room in.

- Must maintain good personal hygiene, be able to care for themselves, and provide their own meals. Daily showers are encouraged. A shower is available on the 4<sup>th</sup> floor between Elevators F and H. The number above the door of the shower room door is 4391.
  - We discourage the use of patient bathrooms by anyone but the patient for infection control reasons.
  - Assist the patient with setting up their meals, brushing teeth, going to the bathroom, or other activities as appropriate. If you want to do more, please check with the nursing staff first.
  - If you give the patient anything to drink or help them go to the bathroom, please keep a record of what you give them to drink or how much urine they had so we can keep an accurate intake and output measurement.
  - Keep a clear path available for the staff to reach the monitor and emergency equipment at the head of the bed, IV pumps, and the patient at all times. Please ask if you are unsure where to position yourself to sleep for the night and we will be happy to help you!
  - Help to create a restful, relaxing surrounding for the patient. We encourage you to turn off the TV and turn down the lights at night.
  - Take care of yourself! You cannot be a good caretaker if you are not getting any sleep, regular meals, etc. Please know that it is ok to tell us you need a break and to leave for a while.
7. Visitors and family are not permitted to stay overnight in the waiting room. Exceptions may be made in an emergency situation or in the case of an admission in the middle of the night. Accommodations are available at several local hotels with reduced “hospital rates”. Accommodations are also available at the Helen Rossi Guest House in the hospital; however there is usually a waiting list for a room. Please ask any member of the nursing staff if you need information on lodging.
- 8. In addition to the guidelines listed above, the following also apply if you are staying in a double room.**
- Both roommates must be agreeable to having an attendant in the room. This is something the nursing staff will ask.
  - Please be considerate of your roommate and their space. Use a quiet tone of voice in conversation or on the phone and please try to limit the number of visitors you have in the room at one time.
  - We expect that you turn off the lights and turn off or down the TV during the resting hours of 10PM-8AM and 3PM-4:30PM to provide a restful environment for both roommates.
  - We ask that you limit visitors during the rest period of 3-4:30PM. No visitors except an attendant will be allowed after 10PM.
  - Family and visitors **MAY NOT** use the patient bathroom in shared rooms. This is for infection control reasons. There is a bathroom available for your use: exit the unit through the double doors and turn left.

*Please feel free to ask us if you have any questions, comments, concerns, or if there is anything we can do to make your stay easier.*

*We are here to make this difficult time for you and your family as stress-free as possible.*