

R X S F O Q X F I T N E S S A A G P X Z O
 O C C A B O T C N F E G U R N J U B R B H
 I R R P R E V E N T I O N H P R V E G C M
 C H E C K U P K N P B O E D W C B T P I R
 L J E C H C E S I C R E X E T I F A Y G S
 K P N F R U I T W Z Q O P D F M Y C S A S
 T C I R U V S A L C O H O L S I P A N R E
 J E N V Y P H N W A Y S S G M T M R I E L
 B Y G R D H M N I T A S U S A S J O M T E
 A N U T R I T I O N F R R R A N T T A T K
 T N E E R C S N U S D J E E W I I E T E O
 W I W H O L E G R A I N S N C N P N I S M
 I A B Y H W N S E L B A T E G E V E V S S

Can you find all the words in this word search puzzle? The words are hidden up, down, forwards, backwards, and diagonally. They all have to do with decisions you can make to lower health risks.

Alcohol
 Betacarotene
 Checkup
 Cigarettes
 Drugs
 Exercise
 Fiber

Fitness
 Fruit
 Nutrition
 Prevention
 Screening
 Smokeless
 Sun Exposure

Sunscreen
 Tanning
 Tobacco
 Vegetables
 Vitamins
 Whole Grains

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