

**Sports medicine/shoulder Fellowship Duty Hours Policy**  
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**Orthopedic Surgery**

One fellow per year  
One year fellowship  
ACGME accredited fellowship  
Fellow selected by faculty of Orthopedic Department

1. Fellow's clinic care responsibilities are defined in a document prepared for the Residency Review Committee.
2. Fellow is an integral part of the sports medicine/shoulder service which currently includes four professors/faculty of orthopedic surgery, four orthopedic residents, two physician assistants, and one sports medicine/shoulder fellow.
3. Fellow does not take in-house night call or in-house weekend call.
4. Fellow is formally assigned day call for specific university athletic teams for the evaluation and care of emergent and urgent patient conditions including.
5. The fellow is assigned on-site coverage of selected scheduled intercollegiate competitions and always supervised by one of the faculty of the orthopedic department.
6. During the regular working week, the fellow is under close supervision of one of the four faculty of the sports medicine/shoulder service except when these four faculty are absent.
7. When the four faculty of the sports medicine/shoulder service are absent, the fellow is supervised by one of the orthopedic faculty.
8. Fellow may supervise residents in orthopedic surgery but only after direct discussion with an orthopedic faculty.
9. Except when absent for academic activities or vacation, the director of the fellowship is in daily contact with the fellow. The other orthopedic faculty of the sports medicine/shoulder fellowship is also in daily contact with the fellow.
10. Based on the daily contact between the fellow and the faculty, the number of work hours performed each day is monitored by the faculty, including specific questions regarding duty hours.
11. Sports medicine/shoulder surgery fellowship director monitors by direct conversation with the fellow at least twice each week regarding the number of duty hours performed for clinical and academic activities.
12. Fellow is asked to communicate to the four sports medicine/shoulder faculty at least twice per week the work hours that had been performed if these have not already been communicated in previous conversations.

13. The typical working hours in the hospital for the fellow is 6AM to 6PM, for a total duty hour work week of 60 hours.
14. If the fellow participated in clinical/surgical care period that exceeded 14 hours, then the fellow is requested by one of the four sports medicine/shoulder faculty to remain off duty and out of the hospital for a minimum of 10 hours. The additional on-site coverage at the training room or on the field-of-play typically involves 10 hours per week.
15. If the duty hours are more than one day in a week, then a plan is created between the one of the four sports medicine/shoulder faculty and fellow to ensure that 80 hours is not exceeded for the week.
16. The documentation, overall monitoring, and compliance of duty hours is the responsibility of the sports medicine/shoulder fellowship director.
17. Policy of the responsibilities and duty hours is conveyed to the fellow by conversation between the sports medicine/shoulder fellowship director.
18. Fellow is also provided the written guidelines and policy created for the Residency Review Committee of the ACGME.