



3	Provide a <b>detailed plan as to how these extended hours will be monitored and evaluated</b> , including a description of <b>how the hours will be tracked to a) protect the well-being of the resident or fellow, and b) ensure patient safety</b> :

4	The time period to which this request applies is <b>not to exceed one year</b> . Give the beginning and ending dates for this requested extension:  Note: To continue using the exception, a new petition must be re-submitted at the end of one year.	BEGINNING DATE	ENDING DATE

5	Required attachments:	ATTACHED	
	a) Attach a <b>copy of the letter that you plan to send the RRC for permission</b> to exceed the weekly duty hour limit.	Yes	No
	b) Attach a <b>copy of your program’s moonlighting policy, including an explanation of how the program will handle moonlighting during the period specified</b> for this exception.	Yes	No
	c) Attach a <b>copy of your program’s duty hour policy that has been updated</b> to reflect this extension.	Yes	No
	d) Attach a <b>copy of the resident/fellow call schedule during the time specified</b> for this exception.	Yes	No
	e) Attach <b>evidence of faculty development regarding the effects of resident fatigue and sleep deprivation</b> .	Yes	No

**PROCESSING DIRECTIONS:**

- Return the completed petition and required attachments to Cynthia Geyer, C-123 GH, GME Office, or send them via e-mail to [cynthia-geyer@uiowa.edu](mailto:cynthia-geyer@uiowa.edu). To avoid delay, be sure each question on this form is answered in full and that each required attachment is included.
- After the petition is received, the Program Director will be contacted to schedule a meeting with the GMEC for review.
- After the meeting with the GMEC, the GMEC may issue its decision to approve or deny the request or it may ask for more information,
- Approval from the GMEC **must be obtained before a request to extend hours can be submitted to the RRC**. If approved, a written statement of institutional endorsement of the proposal to increase duty hours must be signed by the Designated Institutional Official (DIO) and *submitted with* the Program’s request to the RRC.
- NOTE: Your particular RRC may have already issued a statement as to whether or not exceptions will be considered. It may also require information *in addition to* what this form requires, so it will be imperative that you check the RRC’s requirements to make sure your submitted request is complete (see <http://www.acgme.org>).

*Thank you for helping the UIHC comply with its oversight duties for GME.*