

39th Annual  
**Refresher Course for the Family Physician**



**April 10-13, 2012**

**Tuesday-Friday**  
**Marriott Hotel and**  
**Conference Center**  
Coralville, Iowa

**Sponsored by**

The Department of Family Medicine  
Roy J. and Lucille A. Carver College of Medicine  
The University of Iowa

## Tuesday April 10, 2012

Marriott Hotel  
Coral Ballroom  
Salon AB

7:30am Registration, Complimentary Buffet Breakfast

### Morning Session

**Moderator: John Ely, M.D.**

- 8:00-8:10 **Welcome**—Dean Paul Rothman, M.D.  
8:10-8:20 **Welcome**—Paul James, M.D.  
8:20-8:30 **Announcements**—John Ely, MD  
8:35-9:20 Stress Eating—Todd Burstain, M.D.  
9:25-9:55 Concussion in Sports—George Phillips, M.D.  
10:00-10:30 Narcotics for Noncancer Pain—Lee Kral, PharmD  
10:30-11:00 **Break and Exhibits-Salon C**  
11:00-11:30 Primary Care Evaluation and Treatment of Kidney Stones—Christie Thomas, M.D.  
11:35-12:05 Treatment of Acne—Mary Stone, M.D.  
12:05-1:15 **Lunch-Coral DE**

### Afternoon Session

**Moderator: Jason Wilbur, M.D.**

- 1:15-2:00 Primary Care Evaluation of Chronic Cough—Doug Hornick, M.D.  
2:05-2:50 Type 2 Diabetes Update—William Sivitz, M.D.  
2:50-3:20 **Break and Exhibits-Salon C**  
3:20-3:50 Noncardiac Chest Pain—Hilary Mosher, M.D.  
3:55-4:25 Fall Evaluation in the Elderly—Jerry Jogerst, M.D.  
4:30-5:00 Approach to Parental Immunization Refusal—Lori Christensen, M.D.  
5:00 **RECESS**  
5:30 - 7:30 IRENE(Iowa Research Network) Dinner  
Learn about IRENE, a practice-based research network. **All physicians are welcome** to discuss current research conducted in IRENE and brainstorm about future research ideas. Location will be posted at Registration Desk  
TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM or sign up at registration desk  
6:00-8:30 Update and Review: A Teaching Workshop for Our Family Medicine Preceptors  
Dinner Provided—Chapman Room, 2nd floor  
TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM

## Wednesday April 11, 2012

Marriott Hotel  
Coral Ballroom  
Salon AB

7:30am Registration Complimentary Buffet Breakfast

### Morning Session

**Moderator: Kelly Skelly, M.D.**

- 8:00-8:45 Depression in the Adolescent: Diagnosis and Treatment—Chris Okiishi, M.D.  
8:50-9:20 Common and Dangerous Drug Interactions—Mike Ernst, PharmD  
9:25-10:10 Heart Health and Cardiovascular Disease in Older Iowans—Paul James, M.D.  
10:10-10:30 **Break and Exhibits-Salon C**  
10:40-11:10 Evaluation and Treatment of Sinusitis: Acute, Recurrent and Chronic—Doug Van Daele, M.D.  
11:15-12:00 Influenza: An Update—Margo Schilling, M.D.

### Lunch Speaker

**Salon DE**

- 12:00-1:00 Strokes in Presidents—Harold Adams, M.D.

### Afternoon Session

**Moderator: Steve Wolfe, M.D.**

- 1:15-2:00 Thyroid Tests That Don't Make Sense—Janet Schlechte, M.D.  
2:05-2:50 Common Primary Care Questions About Pap Smears—Colleen Kennedy-Stockdale, M.D.  
2:55-3:25 Eye Injuries—Chris Hogrefe, M.D.  
3:25-3:55 **Break and Exhibits-Salon C**  
3:55-4:25 Rheumatologic Serologies in Primary Care—Scott Vogelgesang, M.D.  
4:30-5:00 Overactive Bladder, Idiopathic Urgency—Elizabeth Takacs, M.D.  
5:00 **RECESS**  
6:15 Family Medicine Interest Group Dinner  
7th Floor Atrium Dining Room, UIHC  
TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM

# Thursday April 12, 2012

Marriott Hotel  
Coral Ballroom  
Salon AB

7:30am Registration Complimentary Buffet Breakfast

## Morning Session

Moderator: Kyle Smoot, M.D.

- 8:00-8:30 Difficult Warts—Emily Fridlington, M.D.  
8:35-9:05 Anger Management and Mood Stabilization—Erik Vanderlip, M.D.  
9:10-9:40 Primary Care Evaluation and Monitoring of Elevated ALT—Antonio Sanchez, M.D.  
9:40-10:05 **BREAK**  
10:05-10:35 Diagnosis of Tremor—Teri Thomsen, M.D.  
10:40-11:10 Nebulous and Gray Area Child Abuse—Resmiye Oral, M.D.  
11:15-11:45 White Coat Hypertension, Pseudohypertension, Home BP Monitors, 24 Hours Ambulatory BP Monitors—Lisa Antes, M.D.  
11:50-1:30 **LUNCH ON OWN**  
11:55-12:40 CPR Renewal (\$5.00 additional charge) Bourloug Room, 2nd floor  
12:45-1:30 CPR Renewal (\$5.00 additional charge) Bourloug Room, 2nd floor  
11:45-1:15 Alumni Reception for University of Iowa Family Practice Residents. Current and former faculty, residents, staff and friends of the UI residency program are welcome to attend. Lunch will be served  
Salon E.  
TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM  
12:00 - 1:00 Family Medicine Preceptor Roundtable—For experienced preceptors  
Lunch will be served  
Oakdale Ballroom 2  
TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM

## Afternoon Session

Moderator: Kate Thoma, M.D.

- 1:30-2:15 Emergency Evaluation of Tachyarrhythmias—James(Rick) Hopson, M.D.  
2:20-3:05 Male Genital Skin Disease—Brian Swick, M.D.  
3:05 - 3:20 **BREAK**  
**Breakout Session Moderators** Michelle Weckmann, M.D., Kate Thoma, M.D., Brian Shian, M.D.  
3:20 - 4:05 **Breakout Session I—CHOOSE ONE**  
Salon AB— Knee Exam—Mark Mysnyk, M.D.  
Salon C— Seeing Patients Efficiently—Role Play—Wendy Shen, Anne Gaglioti, Alison Abreu, M.D.  
Salon D— Diagnostic Maneuvers for Dizziness—Deema Fattal, M.D.  
4:10 - 4:55 **Breakout Session II—CHOOSE ONE**  
Salon AB— Knee Exam—Mark Mysnyk, M.D.  
Salon C— Seeing Patients Efficiently—Role Play—Wendy Shen, Anne Gaglioti, Alison Abreu, M.D.  
Salon D— Diagnostic Maneuvers for Dizziness—Deema Fattal, M.D.  
4:55 **RECESS**

# Friday April 13, 2012

Marriott Hotel  
Coral Ballroom  
Salon AB

7:30am Registration Complimentary Buffet Breakfast

## Morning Session

Moderator: John Ely, M.D.

- 8:00-9:00 Panel Discussion on Articles That Could Change Your Practice  
Mark Graber, M.D.  
Jason Wilbur, M.D.  
Jill Endres, M.D.  
9:05-9:35 Chronic Pain Management in the Elderly—Paul Mulhausen, M.D.  
9:40-10:10 Evaluation of Dysphagia—Ron Schey, M.D.  
10:10-10:30 **BREAK**  
10:30-11:00 Primary Care Evaluation and Management of Peripheral Vascular Disease—Timothy Kresowik, M.D.  
11:05-11:50 Antidepressants and Anticonvulsants for Chronic Pain—Foad Elahi, M.D.  
11:50 **ADJOURN**

# Refresher Course for the Family Physician

The purpose of this Refresher Course is to provide practicing family physicians a comprehensive overview of clinical issues relevant to contemporary family medicine. Lectures, case presentations, opportunities for questions and answers, a printed course syllabus — all combine to create a fast-moving and useful educational experience. The course should prove especially useful for those preparing themselves for examination by the American Board of Family Medicine.

## Meeting Site

The 2012 Refresher Course for the Family Physician will be held at the Marriott Hotel and Conference Center, 300 East 9<sup>th</sup> Street, Coralville, conveniently located directly off Interstate 80, Exit 242.

## Parking

There is a \$0.75 per hour or \$8.00 per day charge for parking.

## Lodging

A block of rooms has been reserved at the Marriott at the conference rate of \$110 single/double plus taxes. This rate includes overnight parking. Please call 319-688-4000 or visit <http://www.marriott.com/hotels/travel/cidic?groupCode=fprfpra&app=resvlink&fromDate=4/9/12&toDate=4/12/12> to make your reservations on-line.

When making your hotel reservations, you must indicate you are attending the Family Physician Refresher Course in order to obtain the conference room rate. All rooms will be held in reserve until March 19, 2012. Individuals are responsible for their own reservations.

## Educational Objectives

Upon completing the course, participants will be able to describe and discuss a range of subjects and issues relevant to the family physician. Areas of discussion will include:

- Pediatrics
- Neurology
- Emergency Medicine
- Cardiology
- Gastroenterology
- Internal Medicine
- Orthopaedics
- Psychiatry
- Geriatrics
- And more
- Dermatology
- Gynecology
- Sports Medicine
- Endocrinology
- Urology
- Surgery
- Otolaryngology
- Rheumatology

## Spouses and Guests are Welcome

Many of the presentations this year will be of interest to registrants' spouses and/or guests, who are cordially invited to attend any they wish. We ask that they be registered for the Tuesday and Wednesday lunch sessions. The charge is \$30.00 per lunch. The sessions are not appropriate for children of any age.

Registration Fees:	MD/DO	After 3/1	PA/ARNP/Other	After 3/1
Four days .....	\$635	\$685	\$380	\$410
Three days.....	\$545	\$595	\$325	\$355
Two days .....	\$365	\$415	\$220	\$250
One day .....	\$200	\$250	\$120	\$150
Friday only .....	\$170	\$220	\$100	\$130
2012 Active Preceptor .....	\$200			
Family Practice				
Adjunct Faculty .....	\$200			
Guest Lunch ticket .....	\$30			

These fees include registration, tuition, printed syllabus, breakfasts, luncheons, and refreshments. Physician Assistants, Advanced Registered Nurse Practitioners, Residents and others may register at the reduced fee listed above. Please note the early bird registration fees if received on or before March 1, 2012. On-line registration is available at [www.continuetolearn.uiowa.edu/uiconferences/](http://www.continuetolearn.uiowa.edu/uiconferences/)

## Refund

All but \$50 of the fee is refundable if inability to attend is made known prior to the beginning of the course. No refunds can be made for later notification.

This live activity, 39th Refresher Course for the Family Physician, with a beginning date of April 10, 2012, has been reviewed and is acceptable for up to 22.50 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit is accepted by the AMA as equivalent to AMA PRA prescribed credit toward the AMA Physician's Recognition Award.

## For further information, please contact:

The University of Iowa  
Center for Conferences  
250 CEF  
Iowa City, IA 52242-0907

Voice: 319-335-4141, 1-800-551-9029  
FAX: 319-335-4039  
[www.uihealthcare.com/depts/med/familymedicine/news/refreshercourse/index.html](http://www.uihealthcare.com/depts/med/familymedicine/news/refreshercourse/index.html)

**DISCLOSURE POLICY:** *Speakers will disclose to attendees the nature of any significant financial relationships they have with the commercial companies providing support, as well as the commercial manufacturers of products and/or the providers of services discussed in their presentations. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).*

*Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.*

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Center for Conferences at 319-335-4141.

# Registration Form

**Refresher Course for the Family Physician**  
**Tuesday-Friday**  
**April 10-13, 2012**  
**Marriott Hotel and Conference Center, Coralville, Iowa**  
**12-101-01 7-12282**

**Please preregister.**

**Please prepare a separate form for each registration.**

Name \_\_\_\_\_  
 MD    DO    PA    ARNP    Other

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Day(s) of attendance:**    **Tues. 4/10/12**    **Wed. 4/11/12**    **Thurs. 4/12/12**    **Fri. 4/13/12**

- Please check if you plan to attend the Dinner with IRENE, Tuesday, April 10, 5:30-7:30pm
- Please check if you plan to attend the Preceptor Workshop-Update and Review, Tuesday, April 10, 6-8:30pm
- Please check if you plan to attend the Family Medicine Interest Group Dinner, Wednesday, April 11, 6:15pm, UIHC 7th Floor Atrium
- Please check if you plan to attend the Alumni Reception, Thursday, April 12, 11:50am-1:15pm
- Please check if you plan to attend the Preceptor Roundtable (for experienced preceptors), Thursday, April 12, noon-1pm
- Please check time below if you plan to attend Thursday, April 12 CPR Renewal Session (\$5.00 additional fee)
- 11:55 CPR Renewal Session    12:45 CPR Renewal Session
- Vegetarian Meals requested   Other Dietary restrictions \_\_\_\_\_

Registration Fee:	MD/DO	After 3/1	PA/ARNP/Other	After 3/1
Four days	\$635	\$685	\$380	\$410
Three days	\$545	\$595	\$325	\$355
Two days	\$365	\$415	\$220	\$250
One day	\$200	\$250	\$120	\$150
Friday only	\$170	\$220	\$100	\$130

2012 Active Preceptor   \$200  
 Family Practice Adjunct Faculty   \$200  
 Guest Lunch tickets: \$30 x \_\_\_ticket(s) \_\_\_4/10/12   \_\_\_4/11/12 = \$\_\_\_\_  
 CPR Renewal: \$5

**Total Payment \$\_\_\_\_\_**

Enclosed is a check made payable to The University of Iowa or

Charge to my account    Visa    Mastercard    Discover

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ 3 digit security code \_\_\_\_\_

Name on Card \_\_\_\_\_ Billing Address of Cardholder \_\_\_\_\_


The University of Iowa requests this information in order to process your registration. No persons outside of The University of Iowa are routinely provided this information.

**Four ways to register:**

 Mail   The University of Iowa  
 Center for Conferences  
 250 CEF  
 Iowa City, Iowa 52242-0907

 Phone:   319-335-4141 or 1-800-551-9029

 FAX:   319-335-4039

 Internet:  
[www.uihealthcare.com/depts/med/familymedicine/news/refreshercourse/index.html](http://www.uihealthcare.com/depts/med/familymedicine/news/refreshercourse/index.html)



## 39th Annual Refresher Course for the Family Physician



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Coralville, Iowa**

## University of Iowa Faculty

### **UI Carver**

#### **College of Medicine**

Paul Rothman, M.D., Dean

#### Department of Anesthesia

Foad Elahi, M.D.

#### Department of Dermatology

Mary Stone, M.D.  
Emily Fridlington, M.D.  
Brian Swick, M.D.

#### Department of Emergency Medicine

Chris Hogrefe, M.D.  
Mark Graber, M.D.

#### Department of Endocrinology

Janet Schlechte, M.D.

#### Department of Family Medicine

Jerry Jogerst, M.D.  
Mike, Ernst, PharmD

Paul James, M.D.  
Erik, Vanderlip, M.D.  
Wendy Shen, M.D.  
Anne Gaglioti, M.D.  
Alison Abreu, M.D.  
Jason Wilbur, M.D.  
Jill Endres, M.D.

#### Department of Gastroenterology

Ron Schey, M.D.

#### Department of Internal Medicine

Todd Burstain, M.D.  
William Sivitz, M.D.  
Hilary Mosher, M.D.  
Margo Schilling, M.D.  
Antonio Sanchez, M.D.  
Paul Mulhausen, M.D.

#### Department of Nephrology/Urology

Christie Thomas, M.D.  
Lisa, Antes, M.D.

#### Department of Neurology

Harold Adams, M.D.  
Teri Thomsen, M.D.  
Deema Fattal, M.D.

#### Department of Obstetrics and Gynecology

Colleen Kennedy-Stockdale,  
M.D.

#### Department of Otolaryngology

Doug Van Daele, M.D.

#### Pain Clinic

Lee Kral, PharmD

#### Department of Pediatrics

George Phillips, M.D.  
Lori Christensen, M.D.  
Resmiye, Oral, M.D.

#### Department of Pulmonary Medicine

Doug Hornick, M.D.

#### Department of Rheumatology

Scott Vogelgesang, M.D.

#### Department of Urology

Elizabeth Takacs, M.D.

#### Vascular Surgery

Timothy Kresowik, M.D.

#### **Guest Faculty**

Mark Mysnyk, M.D.  
Steindler Orthopedic Clinic,  
Iowa City  
Chris Okiishi, M.D.  
Meadowlark Psychiatric  
Services, North Liberty  
James(Rick) Hopson, M.D.  
Iowa City Heart Center,  
Iowa City