

2009 GRADUATING FELLOWS



***Kristopher Aalderink,
M.D.***

Kristopher was born and raised in Western Michigan. He grew up in a Spartan household, an endless sea of “green and white,” as both of his parents had graduated from Michigan State University. Feeling rebellious following graduation from

high school, he and his twin brother succumbed to the dark side and attended the University of Michigan in Ann Arbor. He received his undergraduate degree in microbiology from the University of Michigan. He went on to attend the University of Michigan Medical School, where he met his wife, Monica. He then completed his orthopaedic surgery residency at Henry Ford Hospital in Detroit, MI.

Following the birth of their son, Lucas, Kris and Monica left Michigan for the great state of Iowa, for a one-year sports fellowship. This summer Kris will be moving with his family to southwest Florida, where he will join a private-practice orthopaedic group, practicing sports medicine and napping beneath the palm trees and sunny skies.



Allan Hammond, M.D.

Allan is in the orthopaedic department from January through June of 2009 for a Foot and Ankle Fellowship. He chose the Iowa fellowship program because it complemented his interest in lower extremity sports, reconstructive and trauma surgery, because of the unprecedented

arthroscopy laboratory opportunity, because of the notable history of the Iowa orthopaedic program, and the Canadian connection through Dr. Ned Amendola. Last but not least, he is here because his wife has family locally, and loves the Iowa City area.

Allan’s interests and hobbies include free-diving and scuba, even though there are somewhat limited possibilities locally, photography (both above and under water), wilderness hiking, and travel to remote places for all of the above.