



University of Iowa Health Care

*Pediatric Endocrinology and Diabetes*

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### AUTHORIZATION FOR ADMINISTRATION OF DIET AT SCHOOL

Name of Student: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Morning snack is \_\_\_\_\_gms of carbohydrate at (time) \_\_\_\_\_

Lunch is \_\_\_\_\_gms of carbohydrate

Afternoon snack is \_\_\_\_\_gms of carbohydrate at (time) \_\_\_\_\_

These carbohydrate amounts are prescribed in the treatment of type 1 diabetes and must be measured and eaten by the above student in order to control blood sugars. Without the prescribed amount of carbohydrate the result could be high or low blood sugar or poorly controlled diabetes resulting in a life threatening condition.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's printed name