NAME_____

MONTH_____

UNIVERSITY OF IOWA CHILDREN'S HOSPITAL

BLOOD GLUCOSE RECORD

BG = Blood Glucose

I = Insulin C= Carb

	Breakfast			Mid AM	Lunch			Mid PM	Supper			Bedtime			Comments
Date	BG	I	C	BG	BG	I	C	BG	BG	I	C	BG	I	C	