

# 2008 MEDICAL PSYCHIATRY CONFERENCE

## PURPOSE

This conference is designed to provide information and discussion of current trends in the care of patients with dual medical and psychiatric diagnosis.

## OBJECTIVES

1. Examine how the spine works and how to protect the spine from injury.
2. Estimate the risk of cardiovascular disease in patients with mental illness, recognize common risk factors for cardiovascular disease, and discuss general guidelines for monitoring this at-risk population.
3. Discuss the complexities of the med-psych patient, the barriers to their care, and utilization of a multidisciplinary approach to streamline care.
4. Identify four current generations at work in the healthcare environment and two areas of conflict between the generations.
5. Identify the characteristics and treatment of neuroleptic malignant syndrome (NMS), sepsis and serotonin syndrome.
6. Describe the use of complementary medicine by psychiatric patients, commonly used therapies and the scientific evidence for benefit or concerns for harm. Identify sources of reliable information used to guide patients.

**Thursday, October 30, 2008**

Holiday Inn Conference Center, 1220 1<sup>st</sup> Avenue, Coralville, IA

Intended Audience: Licensed Nurses

Nursing Credits: 7 contact hours or 0.7 CEUs

|           |  |
|-----------|--|
| 7:30      | Registration/Exhibits/Continental Breakfast  |
| 8:20 a.m. | Welcome/Introductions – M Gingerich  |
| 8:30      | <b>Spine Mechanics</b> – D Wilder  |
| 9:30      | Break/Exhibits   |
| 9:50      | <b>Assessing Cardiovascular Risk in Patients with Mental Illness</b> – J Fiedorowicz |
| 10:50     | <b>The Med-Psych Patient: Identifying Barriers to Care</b> – T Abrams                |
| 11:50     | Lunch/Exhibits   |
| 12:50     | <b>Our Multi-Generational Workforce</b> – BJ Hannon                                  |
| 1:45      | Dessert Break/Exhibits   |
| 2:00      | <b>Neuroleptic Malignant Syndrome, Sepsis and Serotonin Syndrome</b> – V Kijewski    |
| 3:00      | <b>Complementary Medicine and Psychiatry</b> – N Nisly                               |
| 4:00      | Evaluation and CEU Recording   |
| 4:10      | Adjourn  |

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**Nursing Credits: 7 contact hours or 0.7 CEUs** will be granted by UI Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

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Visit our web site at <http://www.uihealthcare.com/depts/nursing.html>  
and click on “Continuing Education” under “Nursing Clinical Education Center”.  
*Download program information and registration forms or request program brochures.*

## FACULTY

**Presiding: Marcia Gingerich, RN, BSN, NE-BC;**  
Nurse Manager, 4SE Medical Psychiatry,  
Behavioral Health Services,  
Department of Nursing,  
University of Iowa Hospitals & Clinics

**Jess Fiedorowicz, MD, MS;** Associate,  
Department of Psychiatry,  
UI Carver College of Medicine

**Thad Abrams, MD, MSc;** Associate,  
Department of Internal Medicine,  
UI Carver College of Medicine

**Barbara “BJ” Hannon, RN, MSN, CPHQ;**  
Advanced Practice Nurse, Magnet Coordinator,  
Department of Nursing,  
University of Iowa Hospitals and Clinics

**Vicki Kijewski, MD;** Assistant Clinical Professor,  
Departments of Psychiatry and Internal  
Medicine, UI Carver College of Medicine

**Nicole L. Nisly, MD;** Clinical Professor,  
Department of Internal Medicine,  
UI Carver College of Medicine

### *Guest Faculty*

**David G. Wilder, PhD;** Associate Professor,  
Department of Biomedical Engineering,  
College of Engineering, University of Iowa

## 2008 Medical Psychiatry Conference

Thursday, October 30, 2008 [Registration Form](#)

### Personal Identifier: (required in place of SSN)

Birth Month/Day       /    /    /       Last 4 digits of SSN  
M M    D D

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

City/State/Zip Code

Home Phone Number: \_\_\_\_\_

Nursing License Number: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

(If UIHC, provide Division/Unit/Campus Address)

City/State/Zip Code

Work Phone Number: \_\_\_\_\_

Position Title: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

\* The UI requests this information for the sole purpose of processing your registration.

Send future brochures to my e-mail address

The Medical Psychiatry Nursing Association (MPNA) annual meeting and dinner will follow the conference on 10/30. Contact [marcia-gingerich@uiowa.edu](mailto:marcia-gingerich@uiowa.edu), visit the web site at [www.MPNA.us](http://www.MPNA.us) or check below if you plan to attend the meeting.

Contact me at my e-mail address listed above with the meeting plans.

**NURSING CREDIT:** 0.7 CEUs

**FEE:** \$58; \$48 if postmarked by 10/8/2008

**Make Check Payable To:** UI Hospitals & Clinics

**Mail Form & Fee To:**

Karen K. Marek, Program Associate  
UI Hospitals & Clinics Department of Nursing  
200 Hawkins Drive  
Iowa City, IA 52242-1009

### General Information

Participants must pre-register. **Confirmation and receipts provided only upon request.**

Room temperature fluctuates; dress accordingly. The Holiday Inn Hotel and Conference Center is located at 1220 1<sup>st</sup> Avenue, Coralville (north at exit 242; adjacent to Hampton Inn).

**FEE:** \$58; \$48 if postmarked by registration deadline of 10/8/2008

The registration fee covers the cost of record keeping expenses, program materials, faculty expenses, CEU recording, breaks and the noon luncheon.

**MAIL TO:** Karen K. Marek, Program Associate, UI Hospitals and Clinics Department of Nursing, 200 Hawkins Drive, Iowa City, Iowa 52242.

**REFUND:** Full refund if notification received on or before **October 22, 2008.**

**HOTEL:** Call the Holiday Inn direct at 319-351-5049 by 10/16/2008; ask for **Med-Psych Conference** block.

**PLANNING COMMITTEE:** Karen Alderman, RN, BSN (Chair); Marcia Gingerich, RN, BSN, NE-BC; Leigh Jensen, RN, BS; Paula Farquharson, RN, BSN; and Vicki Kijewski, MD.

The UIHC Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, RN-BC; Associate Director, Nursing Education.

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at 319-356-4304.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-4304.

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University of Iowa Hospitals and Clinics  
Department of Nursing  
200 Hawkins Drive, Iowa City, IA 52242-1009

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(adjacent to Hampton Inn)  
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sponsored by  
Department of Nursing Services  
and Patient Care  
IBN Approved Provider #34

