
2008 Women's Health Conference

Focus on Obstetrical Nursing
Tuesday, October 7, 2008

Focus on Women's Health Care
Wednesday, October 8, 2008

sponsored by
University of Iowa Hospitals and Clinics
Department of Nursing Services & Patient Care
IBN Approved Provider #34

Holiday Inn Conference Center, 1220 1st Avenue, Coralville, IA
(north at Exit 242, adjacent to Hampton Inn)

Purpose

Providing health care to women throughout the life span offers challenges to OB-Gyn nurses practicing in a changing healthcare environment. New technologies, procedures, and research illustrate the constantly evolving nature of women's health care nursing. This two-day program is designed to provide current information on clinical practice issues that can be applied in both ambulatory and inpatient environments. The intended audience is licensed nurses and other interested health care professionals.

Tuesday, October 7, 2008

- 7:30 am Registration/Exhibits/Continental Breakfast
- 8:15 Welcome/Introductions – Linda M. Myers
- 8:20 **Fetal Monitoring and Intrauterine Resuscitation** – L Myers, RN, MSN
- 9:20 **Postpartum Depression Screening** – Jeana Andrew, RN, MSN; Ellen Eulberg, RN; and Alexis Hanson, RN, BSN
- 10:20 Break/Exhibits
- 10:40 **Integrated Screening** – Stanley Grant, RN, MSN
- 11:40 Lunch/Exhibits
- 12:40 **Medications for Lactating Moms with Postpartum Depression** – Robin Kopelman, MD, MPH
- 1:40 **Buy One, Get One Free: Twin Gestation** – Mark K. Santillan, MD
- 2:40 Dessert Break/Exhibits
- 3:00 **Breastfeeding Problems and Solutions** – Deborah Hubbard, RN, BSN, LCCE, IBCLC, RLC
- 4:00 Program Evaluation and CEU Recording
- 4:15 Adjourn

Objectives:

1. Discuss the impact of traditional intrauterine resuscitation techniques on the fetus.
2. Describe the importance and impact of early and routine postpartum depression screening and treatment.
3. Examine the Down syndrome screening options available for women in the state of Iowa.
4. Identify risks and benefits associated with medication treatments for postpartum depression in lactating women.
5. Discuss the diagnosis, risks and management of different types of twin gestations.
6. Describe common breastfeeding problems and how to resolve them.

Wednesday, October 8, 2008

7:30	Registration/Exhibits/Continental Breakfast
8:15	Welcome/Introductions – Linda Myers
8:20	IVF: Past, Present and Future – Mika R. Thomas, MD
9:20	Gynecology Office Procedures – William A. Davis, MD & Sue Votroubek, RN
10:20	Break/Exhibits
10:40	What's New in Birth Control – Laura Murphy Dellos, ARNP, MSN
11:40	Lunch/Exhibits
12:40	Adolescent Gynecology – Ginny L. Ryan, MD
1:40	PCOS: Implications for Women's Health – Lois Holz, BSN, RNC
2:40	Dessert Break/Exhibits
3:00	Healthy Eating and Weight Management – JoAnn Daehler Miller, MS, RD, LD
4:00	Program Evaluation and CEU Recording
4:15	Adjourn

Objectives:

1. Discuss the historical aspects of in vitro fertilization, current state of practice and exciting developments in the field that are on the horizon.
2. Describe the importance of nurse communication/reassurance to a patient while doing conscious sedation in office procedures and understand the RN's role in gynecology office procedures.
3. Examine new contraceptive options.
4. Identify unique gynecologic needs in an adolescent population.
5. Discuss polycystic ovarian syndrome (PCOS) and the effects on a woman's immediate and long term health.
6. Identify resources for healthy eating and weight management for patients and the healthcare professional.

UI Hospitals and Clinics and UI Speakers

Presiding: Linda M. Myers, RN, MSN; Advanced Practice Nurse, OB Inpatient Units, Children's and Women's Service, UI Children's Hospital

Jeana Andrew, RN, MSN; Advanced Practice Nurse, Labor & Delivery, Children's and Women's Service, UI Children's Hospital

Ellen Eulberg, RN; Mother Baby Care Unit, Children's and Women's Service, UI Children's Hospital

Alexis Hanson, RN, BSN; Mother Baby Care Unit, Children's and Women's Service, UI Children's Hospital

Stanley Grant, RN, MSN; Advanced Practice Nurse/Genetics, Prenatal Genetics/Fetal Diagnosis & Treatment Unit, Women's Health Center, UI Hospitals & Clinics

Robin Kopelman, MD, MPH; Clinical Assistant Professor, Department of Psychiatry, UI Carver College of Medicine

Mark K. Santillan, MD; Fellow of Maternal Fetal Medicine, Department of Obstetrics and Gynecology, UI Carver College of Medicine

Deborah Hubbard, RN, BSN, LCCE, IBCLC, RLC; Coordinator of Lactation Services, Mother Baby Care Unit, Children's and Women's Service, UI Children's Hospital

Mika R. Thomas, MD; Fellow, Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, UI Carver College of Medicine

William A. Davis, MD; Clinical Associate Professor, Department of Obstetrics and Gynecology, UI Carver College of Medicine

Sue Votroubek, RN; Nurse Clinician Specialist, Children's and Women's Service, UI Children's Hospital

Laura Murphy Dellos, ARNP, MSN; Certified Nurse-Midwife, Department of Obstetrics and Gynecology; UI Hospitals & Clinics

Ginny L. Ryan, MD; Associate, Division of Reproductive Endocrinology & Infertility, Department of Obstetrics and Gynecology, UI Carver College of Medicine

Lois Holz, BSN, RNC; Nurse Clinician, Children's and Women's Service, UI Children's Hospital

JoAnn Daehler Miller, MS, RD, LD; Health Coach/Wellness Consultant, UI Wellness **live WELL** Program, University of Iowa

Acknowledgements

We gratefully acknowledge the generous support of this program from vendor exhibitors.

A complete listing of exhibitors will be included in the program syllabus.

Planning Committee

Department of Nursing's Children's and Women's Services:

Linda Myers, Advanced Practice Nurse, Chair
Jeana Andrew, Advanced Practice Nurse
Karen Dawes, Assistant Nurse Manager
Susan Kline, Nurse Manager

Ann Miller, Assistant Nurse Manager
Julie Neuzil, Staff Nurse
Jan Reighard, Assistant Nurse Manager
Carol Winter, Nurse Manager

General Information

Credits

Nursing: 7.2 contact hours (0.72 CEUs) per day or 14.4 contact hours (1.44 CEUs) for both days will be granted for full time attendance by UIHC Department of Nursing (IBN Approved Provider #34).

Questions concerning continuing education programs may be directed to the Nursing Clinical Education Center at telephone number 319-356-4304.

Conference fees

10/07: \$52 (\$42 if postmarked by registration deadline of 9/15/2008)

10/08: \$54 (\$44 if postmarked by registration deadline of 9/15/2008)

The registration fee covers the cost of record keeping expenses, program materials, CEU recording, faculty expenses, coffee hours, and the noon luncheons.

Make check payable to UIHC.

Refund

Full refund of registration fee will be made if cancellations are received on or before September 29, 2008.

Registration

Return the completed registration form and registration fee to Karen K. Marek, Program Associate, UIHC Department of Nursing, 200 Hawkins Drive, Iowa City, Iowa 52242.

Participants must pre-register. **Confirmation of registration will NOT be mailed; receipts will be provided only upon request.**

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

Motel

Call the Holiday Inn direct at 1-319-351-5049 by September 6, 2008 and ask for Department of Nursing block. The Holiday Inn Hotel & Conference Center is located at 1220 1st Avenue, Coralville, IA (north at I-80 exit 242 & adjacent to Hampton Inn).

Visit our web site at <http://www.uihealthcare.com/depts/nursing/index.html> and click on "Continuing Education" under "Nursing Clinical Education Center". Download program information & registration forms or request brochures

Women's Health Conference October 7-October 8, 2008 Registration Form

Personal Identifier: (required in place of SSN) ___ ___ / ___ ___ / ___ ___ ___ ___
Birth Month/Day M M D D Last 4 digits of SSN

Name: _____

Home Address: _____

City/State/Zip: _____

Employer: _____

Work Address: _____

(if UIHC, please indicate unit and division)

City/State/Zip: _____

Position Title: _____ License No: _____

Work Phone: _____ Home Phone: _____

E-mail: _____

* The UI requests this information for the sole purpose of processing your registration.

Please check the day(s) you plan to attend:

Tues, Oct. 7; Obstetrics -- \$52 (\$42 if postmarked by registration deadline of 9/15/08)

Wed, Oct. 8; Women's Health Care -- \$54 (\$44 if postmarked by registration deadline of 9/15/08)

Send future brochures to my e-mail address

Make check payable to: UIHC

Send registration form and fees to:

Karen K. Marek, Program Associate

UIHC Department of Nursing

200 Hawkins Drive, Iowa City, IA 52242-1009

If you are a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Department of Nursing at (319) 356-4304 to discuss your needs.

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The Neonatal Update 2008 conference will be held Wednesday, October 9th at the Holiday Inn.

Please share with interested colleagues

2008 WOMEN'S HEALTH CONFERENCE

Obstetrical Nursing & Women's Health Care

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Department of Nursing
200 Hawkins Drive, Iowa City, IA 52242-1009



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