



**RQOM**


Research, Quality and Outcomes Management  
Department of Nursing Services and Patient Care  
University of Iowa Hospitals and Clinics


# EVIDENCE-BASED PRACTICE


For further information: call (319) 384-9098 or visit <http://www.uihealthcare.com/depts/nursing/rqom/index.html>

## EVIDENCE-BASED PRACTICE RESOURCES


Knowledge, resources, and facilitation are required if nurses are to be successful in integrating evidence into clinical practice. A number of resources and venues have been developed at the University of Iowa Hospitals and Clinics to meet the education, resource, and facilitation needs of the nursing community in promoting evidence-based practice.

-  **The Iowa Model of Evidence-Based Practice to Promote Quality Care** **No Charge**


The Iowa Model has been used effectively to promote use of evidence-based practices. A permission form for use of the model can be obtained at <http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/iowamodel.html>
-  **Toolkit for Promoting Evidence-Based Practice** **\$67.00**  
**(includes shipping within the US)**

This toolkit is designed to provide guidance for healthcare leaders in promoting adoption of evidence-based practices. The toolkit includes information on preparing, implementing, and evaluating evidence-based practices, and includes forms and electronic templates for various activities such as selection of a topic, literature search strategies, research critique, process implementation, and evaluation.
-  **Web and CD Rom Based CEU Course** **\$29.00**  
**(includes shipping within the US)**

[Evidence-Based Practice Course](#)

This computer course offers background information to introduce evidence-based practice. The course contains an historical perspective and summary of the current state of science of evidence-based practice. Interventions that have been effective in promoting practice change among clinicians are discussed. The Evidence-Based Practice Course may be purchased as a web-based course or on CD Rom, and includes quizzes and an evaluation form to be returned for continuing education credits. A reduced registration fee is available for organizations or groups of more than 50 users.
-  **Evidence-Based Practice Guidelines for the Care of Older Adults** **Individually Priced, see Website**

Prepackaged evidence-based guidelines on over 35 topics have been developed. The guidelines address the needs of the elderly, however, many have applicability in other populations, as well. Over 20,000 copies have been disseminated. You may obtain descriptions of the guidelines and prices by visiting the following website and clicking on "Protocols":

[http://www.nursing.uiowa.edu/products\\_services/evidence\\_based.htm](http://www.nursing.uiowa.edu/products_services/evidence_based.htm)
-  **National Evidence-Based Practice Conference** **Registration fees set annually**

An annual conference, offered for over a decade, with nationally known speakers and clinical experts, offers cutting edge information and networking opportunities. Content is intended for nurses interested in improving patient outcomes and maintaining costs associated with quality nursing care by using evidence-based practice. Additional information regarding the conference and the conference brochure may be viewed at: <http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/ntlconference.html>

 **Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice (Conducted in Iowa City, Iowa)** **\$1500/individual**

The Institute is a 3-day workshop held in Iowa City, Iowa, that provides an opportunity for nurse leaders to learn advanced skills in evidence-based practice, the role of evidence-based practice facilitation, and strategies for developing the organizational infrastructure necessary for an evidence-based practice program. Learning is facilitated through didactic presentations, discussion, facilitated work time and scheduled consultations. (Attendance from a single organization is limited to four participants to promote networking across organizations and settings.) To view the program brochure and obtain an individual application, visit:

<http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/apinstitute.html>

 **Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice (Conducted at a Site Selected by the Purchaser)**

Content from the Iowa City program (above) is customized to the purchaser’s objectives. The program provides opportunities for the faculty from UIHC and the purchasing organization to present course content and consult on related topics. **Discounted price\* applies if 1-2 nurse leaders** attend (as paying participants) an Advanced Practice Institute in Iowa City at least 6 months prior to the purchaser’s institute. These nurse leaders then will facilitate the purchaser’s institute with UIHC.


- \*Program with UIHC Faculty at your location (discounted price) **\$20,000**
- Program with UIHC Faculty (full price) (without nursing representative(s) attending Advanced Practice Institute in Iowa City prior to the purchaser’s Institute) **\$25,000**

 **Evidence-Based Practice Staff Nurse Internship Program**


The Evidence-Based Practice Staff Nurse Internship is designed to promote the use of research findings and other evidence in guiding clinical nursing practice. Staff nurses collaborate with nursing leaders, peers and project facilitators to develop, implement and evaluate an evidence-based practice change for their clinical area. The internship combines didactic presentation, group discussion, facilitated work time to support learning. Visit our website for additional information and to view a video clip on the Staff Nurse Internship:

<http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/internship.html>

- Basic Overview: Program Summary, UIHC website with video clip, journal article **No Charge**
- Program Training Manual **\$2,500**
- Program with UIHC Faculty **\$20,000**

 **Conference Proceedings: U.S. Invitational Conference “Advancing Quality Care Through Translation Research” (Set of 2 CD-ROMs)** **\$40.00**  
**(includes shipping within the US)**

A U.S. Invitational Conference was held in Iowa City, October 13-14, 2003. The purpose of the invitational conference was to promote translation research. The Agency for Healthcare Research and Quality funded the invitational conference to address methodological issues and designs of major importance in translation science. (Limited supply.)

 **Evidence-Based Practice Course Syllabus: The Reality of Making it Happen:** **\$275**  
**(includes shipping within the US)**

*Evidence-Based Practice: The Reality of Making it Happen* is a graduate or honors undergraduate course developed to prepare future nursing leaders in the application of evidence-based practice principles. The course details the many steps essential to the process, from identification of evidence through evaluation of evidence-based practices. Course evaluations indicate that students found this to be an excellent course that improved their critical thinking skills.

## **Scheduled Visit to the University of Iowa Hospitals and Clinics**

**\$2,500/day**

This individualized site-visit to the University of Iowa Hospitals and Clinics will provide the visitor with strategies and knowledge to promote implementation of evidence-based practice within his/her own healthcare organization. Participants will learn the process of promoting infusion of a clinical innovation into practice. Schedules are customized to meet individual learning needs. Topics may vary in scope and are negotiable.

## **Presentations and Consultations**

Presentations and consultations are tailored to meet the educational needs of diverse audiences. Presentations and consultations are adapted to the requested level of content difficulty and perspective, ranging from the community hospital to the academic medical center to the international scientific community. Potential topics include, but are not limited to:

- Evidence-Based Practice
- Implementing evidence-based practice projects and programs
- Overcoming challenges in the evidence-based practice process
- Evidence synthesis
- Evaluating evidence-based practice projects and programs
- Outcomes measurement and management
- Organizational approaches to evidence-based practice
- Clinical content areas and clinical examples of evidence-based practice
- Developing, implementing, and evaluating an evidence-based practice staff nurse internship

Requests for presentations and consultations are welcome. For further information, please contact Laura Cullen, MA, RN or Grace Rempel, BS (see below).

## **Contact Information**

For additional information, please contact:

**Laura Cullen, MA, RN, APN**  
Evidence-Based Practice Coordinator  
Research, Quality and Outcomes Management  
(319) 384-9144  
[laura-cullen@uiowa.edu](mailto:laura-cullen@uiowa.edu)

**Grace Rempel, BS**  
Program Associate  
(319) 384-6737  
[grace-rempel@uiowa.edu](mailto:grace-rempel@uiowa.edu)

Department of Nursing Services and Patient Care  
University of Iowa Hospitals and Clinics  
200 Hawkins Drive RM T100 GH  
Iowa City, IA 52242-1009 USA  
Fax: (319) 356-4348



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**EVIDENCE-BASED PRACTICE RESOURCES  
 ORDER FORM**

<b>PRODUCT</b>	<b>QUANTITY</b>	<b>PRICE</b>	<b>TOTAL</b>
The Iowa Model of Evidence-Based Practice to Promote Quality Care <a href="http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/iowamodel.html">http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/iowamodel.html</a>		No Charge Please visit our website for the Permission to Use Form	
Toolkit for Promoting Evidence-Based Practice		\$67.00 (US shipping included in price)	
Course: Evidence-Based Practice *			
<ul style="list-style-type: none"> <li>• CD-ROM</li> </ul>		\$29.00 (US shipping included in price)	
<ul style="list-style-type: none"> <li>• Web-Based</li> </ul>		\$29.00	
Evidence-Based Practice Guidelines for Care of Older Adults <a href="http://www.nursing.uiowa.edu/products_services/evidence_based.htm">http://www.nursing.uiowa.edu/products_services/evidence_based.htm</a>		Individually priced per protocol. Please visit our website for order information.	
National Evidence-Based Practice Conference <a href="http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/ntlconference.html">http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/ntlconference.html</a>		Registration fees set annually. Please visit our website for Conference Brochure.	
Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice <a href="http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/apinstitute.html">http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/apinstitute.html</a>			
<ul style="list-style-type: none"> <li>• Basic Overview: Program Summary</li> </ul>		No Charge	
<ul style="list-style-type: none"> <li>• Individual attending program in Iowa City, Iowa (Please visit our website for Program Brochure.)</li> </ul>		\$1500.00	
<ul style="list-style-type: none"> <li>• Program conducted at a site selected by the Purchaser which includes Program Manual and other materials with UIHC faculty               <ul style="list-style-type: none"> <li>– <b>Discounted fee</b> for organizations who have previously sent paying attendees to an Advanced Practice Institute at Iowa City</li> <li>– <b>Full fee</b> for organizations who have not previously sent attendees to an Advanced Practice Institute at Iowa City</li> </ul> </li> </ul>		\$20,000.00  \$25,000.00	

PRODUCT	QUANTITY	PRICE	TOTAL
Evidence-Based Practice Staff Nurse Internship Program <a href="http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/internship.html">http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/internship.html</a> <ul style="list-style-type: none"> <li>• Basic Overview: Program Summary, UIHC website with video clip, journal article</li> </ul>		No Charge Please visit our website for program information.	
<ul style="list-style-type: none"> <li>• Program conducted at a site selected by the Purchaser with UIHC faculty               <ul style="list-style-type: none"> <li>– Includes Program Manual and other materials provided by UIHC and local faculty</li> </ul> </li> </ul>		\$20,000.00	
<ul style="list-style-type: none"> <li>• Program Training Manual for program conducted by purchaser</li> </ul>		\$2,500.00	
Conference Proceedings: U.S. Invitational Conference “Advancing Quality Care Through Translation Research” (Set of 2 CD-ROMs)		\$40.00 (US shipping included in price)	
Evidence-Based Practice Course Syllabus: The Reality of Making it Happen		\$275.00 (US shipping included in price)	
Scheduled Visit to the Univ of Iowa Hospitals and Clinics		\$2,500.00/day	
		<b>Overseas Shipping and Handling:</b>	
		<b>Grand Total:</b>	

\*Please see next page for Shipping Information, Method of Payment, and CEU credits for Web or CD-ROM based courses.

**PLEASE SHIP THE ABOVE PRODUCTS TO:**

Name \_\_\_\_\_  
Institution/Agency: \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail address: \_\_\_\_\_

**METHOD OF PAYMENT**

**Check** Payment in full must accompany order form in U.S. funds by check or credit card. **Make checks payable to UIHC/Department of Nursing.**

**Mastercard**       **Visa**      *Please do NOT e-mail credit card information!*

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Card Verification Code (CVC): \_\_\_\_\_ (3-digit code located on back of credit card)

Exact Name on Card (please print): \_\_\_\_\_

Cardholder Address if Different than Ship to Address: \_\_\_\_\_

Signature: \_\_\_\_\_

**Mail Check(s) and/or order form to:** Grace Rempel  
UIHC/Department of Nursing  
200 Hawkins Drive, RM T100 GH  
Iowa City, IA 52242-1009  
Fax: (319) 356-4348

**\* If ordering Web or CD-ROM based CEU courses and desire CEU credit, please fill in the additional information below:**

Name: \_\_\_\_\_

Birth date: \_\_\_\_\_

Last 4 Digits of SSN #: \_\_\_\_\_ Nursing License #: \_\_\_\_\_ State: \_\_\_\_\_

Home Address: \_\_\_\_\_

Email Address (required): \_\_\_\_\_