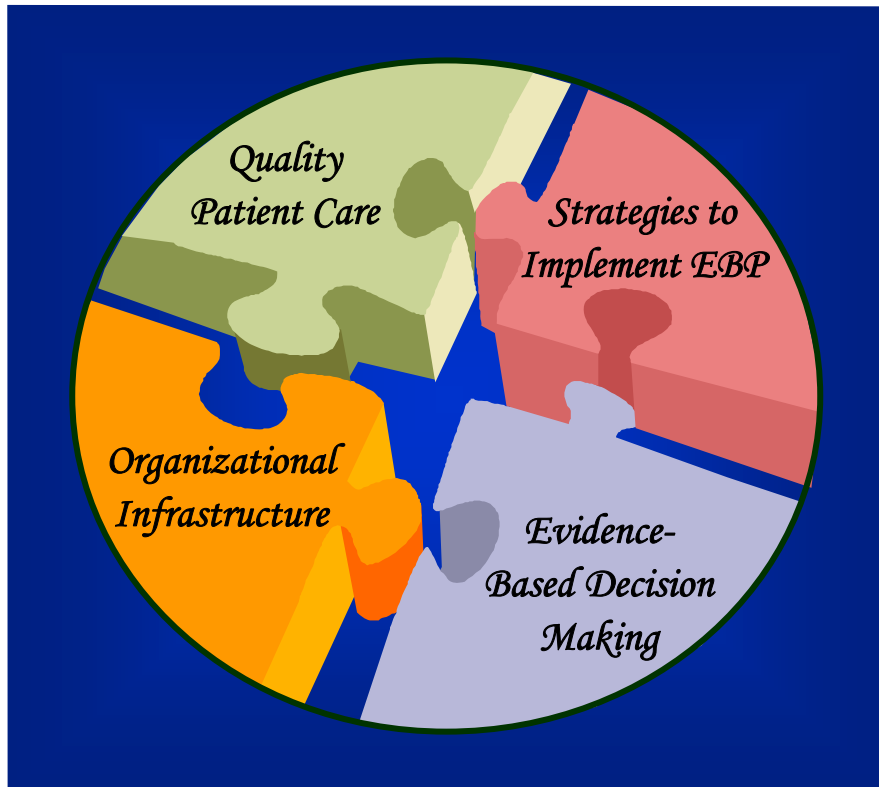




Center for Nursing Quality, Professional Development and Research



*Advanced Practice Institute:  
Promoting Adoption of Evidence-Based Practice*

Nursing Clinical Education Center – University of Iowa Hospitals and Clinics  
Iowa City, Iowa ♦ September 23-25, 2009



*Offered by  
The Department of Nursing Services and Patient Care  
University of Iowa Hospitals and Clinics  
Since 2002*

# *Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice*

## ***Institute Purpose***

The purpose of the Institute is to educate nursing leaders to guide colleagues and staff in the integration of evidence-based knowledge into practice.

## ***Institute Goals***

1. To promote advanced skills of nursing leaders in use of evidence-based practice models.
2. To develop leadership skills for facilitating completion of clinically relevant evidence-based practice projects.
3. To foster networks for creative thinking and issue resolution in the evidence-based practice process.

## ***Institute Objectives***

At the completion of the Institute, participants will be able to:

1. Identify strategies for implementation of evidence-based practice changes in complex health care systems.
2. Describe the organizational infrastructure necessary for evidence-based practice.
3. Utilize the toolkit provided to promote evidence-based practice.
4. Discuss methods to sustain evidence-based changes in practice.
5. Train other nurses in the evidence-based practice process.
6. Develop a specific evidence-based practice clinical topic.

## ***Institute Description***

This Institute is designed to develop the advanced skills necessary for nurse leaders to promote and lead teams in adoption of evidence-based practices.

Developing a scientific base for practice is important for nursing and is a requirement for Magnet Hospital status and accreditation by regulatory agencies such as the JCAHO.

Topics discussed in the institute include:

- Selecting clinical issues to address through the evidence-based practice process;
- Finding and evaluating the evidence;
- Utilizing or modifying organizational infrastructures;
- Implementing practice changes;
- Implementing systems changes to promote evidence-based practices;
- Evaluating evidence-based changes in practice; and
- Sustaining evidence-based changes in practice.

Staff consultation for specific evidence-based projects will be available upon request. Please make these requests using the enclosed application forms.

*Institute attendance is limited to optimize time with faculty and consultants.*

## ***Learning Methods***

Learning will be facilitated through a combination of group discussion, didactic sharing, facilitated work time, networking and consultation.

## **Products Provided**

Participants of the Institute will receive:

1. A training manual
2. PowerPoint slides on CD Rom
3. Access to evidence-based practice CEU web course
4. A toolkit for promoting evidence-based practices
5. Pre-requisite readings, for example:
  - a. Titler, M.G. & Everett, L.Q. (2001). Translating Research into Practice: Considerations for Critical Care Investigators. Critical Care Nursing Clinics of North America, 13(4):587-604
  - b. Titler, M.G., Kleiber, C., Rakel, B., et al. (2001). The Iowa Model of Evidence-Based Practice to Promote Quality Care. Critical Care Nursing Clinics of North America, 13(4):497-509
6. Consultation with a librarian with expertise in evidence-based practice literature searches
7. Small group consultation during the Institute to facilitate project development
8. Up to 3 hours of 1:1 telephone consultation for up to 1-year following Institute attendance

## **Qualifications for Institute**

- RN employed in practice at least 50% time
- Minimum of BSN degree, Masters preferred
- Leadership responsibilities for evidence-based practice
- It is required that participants identify a topic/project to work on during the Institute. If assistance is needed to identify a current project, please contact Laura Cullen, MA, RN, FAAN ([laura-cullen@uiowa.edu](mailto:laura-cullen@uiowa.edu); (319) 384-9144) for consultation prior to the Institute.
- Completion of pre-requisite readings

## **CEUs**

CEU's will be granted by the University of Iowa Hospitals and Clinics' Department of Nursing (Iowa Board of Nursing Approved Provider # 34). Participants must attend the entire program each day to receive full credit.

## **Registration Fees**

The \$1500.00 registration fee should be in the form of a check made payable to University of Iowa Hospitals and Clinics/Department of Nursing. Requests to cancel must be received in writing, postmarked on or before **August 12, 2009**. A processing fee of \$75.00 will be deducted from your refund.

## **Application Deadline/Mailing Address**

**June 30, 2009**

Center for Nursing Quality, Professional Development and Research

ATTN: Grace Rempel

Department of Nursing Services and Patient Care

University of Iowa Hospitals and Clinics

200 Hawkins Drive, RM T154 GH

Iowa City, IA 52242-1009

Fax: (319) 356-4348

*Please note that although the deadline for application is June 30, 2009, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.*

## *Notification of Acceptance*

Acceptance letters will be sent by July 17, 2009.  
If questions, please call 319-384-6737.

We reserve the right to cancel the program if it is not full. In the unlikely event that happens, you would be placed in the next available program or your registration fee fully refunded.

## *For More Information*

(319) 384-6737 / [laura-cullen@uiowa.edu](mailto:laura-cullen@uiowa.edu) / [grace-rempel@uiowa.edu](mailto:grace-rempel@uiowa.edu)

## *Faculty/Consultants*

Faculty from the University of Iowa Hospitals and Clinics and the University of Iowa College of Nursing:

**Susan Adams**, PhD, RN, Project Director, Research Translation and Dissemination Core, Gerontological Nursing Interventions Research Center, University of Iowa College of Nursing

**Laura Cullen**, MA, RN, FAAN, Evidence-Based Practice Coordinator – Center for Nursing Quality, Professional Development and Research

**Cindy Dawson**, RN, MSN, CORLN, Nurse Manager, Otolaryngology & Oral Surgery Clinics, Medical Surgical Services

**Michele Farrington**, BSN, RN, Staff Nurse, Children's & Women's Services

**Joseph Greiner**, MSN, RN, Advanced Practice Nurse, Intensive & Specialty Services

**Jody Kurtt**, RN, MA, Associate Director Clinical Services, Children's & Women's Services

**Janna Lawrence**, MLIS, AHIP, Assistant Library Director for Collections and Outreach, Hardin Library for the Health Sciences, University of Iowa

**Leah Shever**, PhD, RN, Advanced Practice Nurse, Center for Nursing Quality, Professional Development and Research

**Anne Smith**, MSN, RN, Advanced Practice Nurse, Center for Nursing Quality, Professional Development and Research

**Victoria Steelman**, PhD, RN, FAAN, CNOR, Advanced Practice Nurse, Perioperative Division

**Michele Wagner**, RN, MSN, CNRN, Advanced Practice Nurse, Intensive & Specialty Services

## *Non-Discrimination Statement*

If you are a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Center for Nursing Quality, Professional Development and Research in the Department of Nursing at (319) 384-9098 to discuss your needs.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

## *Institute Location*

Nursing Clinical Education Center  
Located off Elevator B on 4<sup>th</sup> floor of General Hospital  
University of Iowa Hospitals and Clinics  
200 Hawkins Drive  
Iowa City, IA 52242

## *Hotel Information*

Holiday Inn Express  
970 25<sup>th</sup> Avenue  
Coralville, IA 52241  
(319) 625-5000

Please make your hotel reservation directly with the Holiday Inn Express. The University of Iowa Hospitals and Clinics has reserved a block of rooms for a special rate of \$89.90 plus tax for single or double occupancy.

You will need to identify yourself as “API” attendee to receive the reduced rate. Reservations must be made *no later than September 1, 2009* to receive the discounted room rates.



Advanced Practice Institute:  
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September 23-25, 2009

**Application Form**

Directions: Please complete the following application. If you have questions, please contact Grace Rempel at (319) 384-6737 or grace-rempel@uiowa.edu.

**Application Deadline:** June 30, 2009 *(Please note that although the deadline for application is June 30, 2009, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.)*

**Registration Fee:** \_\_\_\_\_ \$1500.00 check made payable to University of Iowa Hospitals and Clinics, Department of Nursing (due with application)

Name: \_\_\_\_\_  
(Last) (First) (MI)

Employer: \_\_\_\_\_  
(Name) (City) (State)

Home Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Work Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Preferred Mailing Address: Work/Home (circle one)**

Title: \_\_\_\_\_ (attach CV)

Credentials: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Work phone: \_\_\_\_\_ Pager: \_\_\_\_\_

Cell: \_\_\_\_\_

Area of specialization (if applicable): \_\_\_\_\_

Percent of Employment: \_\_\_\_\_ License #: \_\_\_\_\_ State: \_\_\_\_\_

Name to contact in case of emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

For emergency purposes, please list your allergies to medications (use back if necessary):

\_\_\_\_\_

## Experience

1. What is your scope of practice?
2. What has been your experience with evidence-based practice?

## Institute Plan

### A. IDENTIFICATION OF EVIDENCE-BASED PRACTICE PROJECT TO BE DEVELOPED.

#### 1. Content area

- a) What will be your topic/content area focus (e.g., fall prevention) during the Institute?
- b) Why is the topic of interest to you? What is your rationale for selecting this content area?

#### 2. Purpose of the Evidence-Based Practice project

- a) What patient population will benefit from this project?
- b) What patient outcomes do you anticipate being influenced by implementation of the evidence-based project in your institution?

#### 3. Progress to-date

- a) Have you started working on this project?  Yes  No

If yes, please describe where you are in the process.

- B. LIBRARIAN ASSISTED LITERATURE SEARCHES will be scheduled for all participants. The literature search will identify the best evidence related to your clinical topic identified above.
- C. CRITIQUE OF THE EVIDENCE: A discussion session will be scheduled for each participant to attend. There will be two sessions to allow sufficient time for critique. Sample research articles for the critique session will be distributed with additional program pre-requisites.

D. **CONSULTATION REQUESTS** – During the Institute, you will have time available to consult with experts in the following areas. The goal is to visit with a consultant specific to your topic and needs. **Please rank your top 3 consultant needs (1=most important).**

- \_\_\_\_ Quality improvement: Meet with UIHC expert to discuss integrating evidence-based practice into your QI/PI program.
- \_\_\_\_ Project evaluation: Meet with a UIHC expert to discuss development of evidence-based practice project evaluation and statistical analysis of evaluation data.
- \_\_\_\_ Organizational infrastructure: Meet with a UIHC expert to discuss building evidence-based practice into your organizational infrastructure and gathering support from key stakeholders.
- \_\_\_\_ Clinical expert: Meet with a UIHC expert to discuss your clinical topic identified previously in your application.
- \_\_\_\_ Development of educational materials: Meet with a UIHC expert in nursing education to discuss development of educational resources found to be useful in promoting practice changes (e.g., resource manuals, algorithms, pocket cards, posters, reminders, practice prompts, computer based training, etc.).
- \_\_\_\_ Other (please specify) \_\_\_\_\_

E. **BENEFITS OF INSTITUTE FOR EMPLOYING INSTITUTION:**

How will participation in this Institute benefit your organization?

F. **RESOURCES TO BRING FOR YOUR USE:**

- Project materials
- Policy and procedure template
- Departmental organizational chart
- Laptop – optional
- Pre-requisite materials

\*\*\*\*\*

**Applicant Signature:** \_\_\_\_\_

\*\*\*\*\*

I agree to release applicant to attend conference and to provide continued support for integration of evidence-based practice.

**Signature of Applicant’s Direct Administrator/Supervisor:** \_\_\_\_\_



## *Preparatory materials*

Materials to prepare for the program will be forwarded after acceptance into the program AND confirmation of sufficient enrollment.

**Application deadline: June 30, 2009**

*Please note that although the deadline for application is June 30, 2009, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.*

**Return completed application (with check made out to University of Iowa Hospitals and Clinics, Department of Nursing) to:**

Grace Rempel, BS, Program Associate  
Center for Nursing Quality, Professional Development and Research  
Department of Nursing Services and Patient Care  
University of Iowa Hospitals and Clinics  
200 Hawkins Drive - RM T154 GH  
Iowa City, IA 52242-1009  
(319) 384-6737 / [grace-rempel@uiowa.edu](mailto:grace-rempel@uiowa.edu)