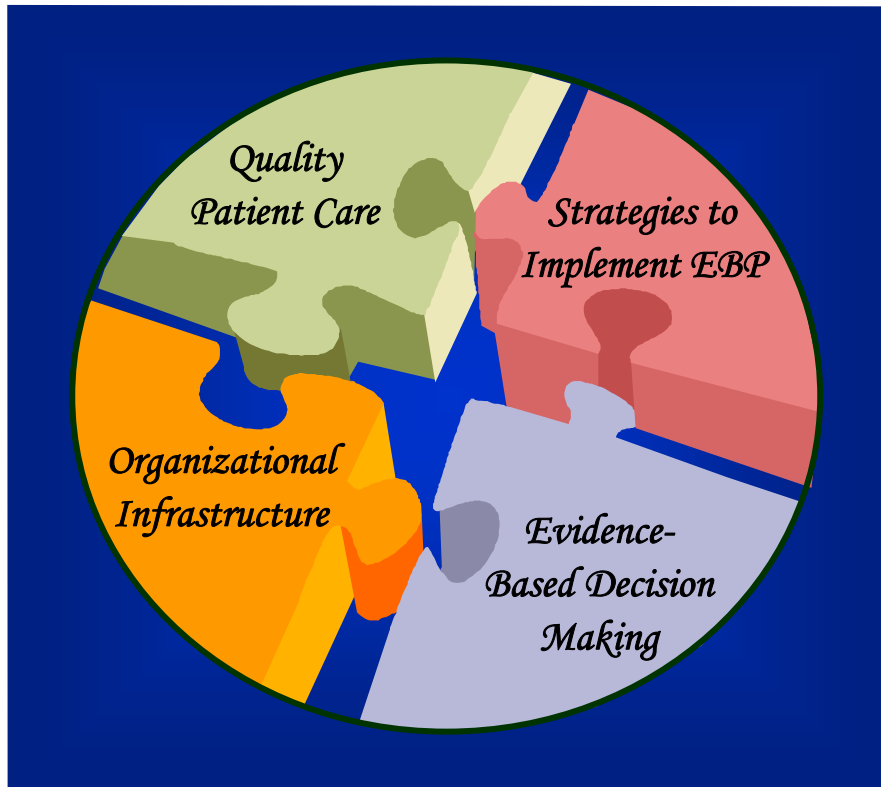




Center for Nursing Quality, Professional Development, Research and Informatics



*Advanced Practice Institute:
Promoting Adoption of Evidence-Based Practice*

Nursing Clinical Education Center – University of Iowa Hospitals and Clinics
Iowa City, Iowa ♦ February 24-26, 2010



*Offered by
The Department of Nursing Services and Patient Care
University of Iowa Hospitals and Clinics
Since 2002*

Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice

Institute Purpose

The purpose of the Institute is to educate nursing leaders to guide colleagues and staff in the integration of evidence-based knowledge into practice.

Institute Goals

1. To promote advanced skills of nursing leaders in use of evidence-based practice models.
2. To develop leadership skills for facilitating completion of clinically relevant evidence-based practice projects.
3. To foster networks for creative thinking and issue resolution in the evidence-based practice process.

Institute Objectives

At the completion of the Institute, participants will be able to:

1. Identify strategies for implementation of evidence-based practice changes in complex health care systems.
2. Describe the organizational infrastructure necessary for evidence-based practice.
3. Utilize the toolkit provided to promote evidence-based practice.
4. Discuss methods to sustain evidence-based changes in practice.
5. Train other nurses in the evidence-based practice process.
6. Develop a specific evidence-based practice clinical topic.

Institute Description

This Institute is designed to develop the advanced skills necessary for nurse leaders to promote and lead teams in adoption of evidence-based practices.

Developing a scientific base for practice is important for nursing and is a requirement for Magnet Hospital status and accreditation by regulatory agencies such as the JCAHO.

Topics discussed in the institute include:

- Selecting clinical issues to address through the evidence-based practice process;
- Finding and evaluating the evidence;
- Utilizing or modifying organizational infrastructures;
- Implementing practice changes;
- Implementing systems changes to promote evidence-based practices;
- Evaluating evidence-based changes in practice; and
- Sustaining evidence-based changes in practice.

Staff consultation for specific evidence-based projects will be available upon request. Please make these requests using the enclosed application forms.

Institute attendance is limited to optimize time with faculty and consultants.

Learning Methods

Learning will be facilitated through a combination of group discussion, didactic sharing, facilitated work time, networking and consultation.

Products Provided

Participants of the Institute will receive:

1. A training manual
2. PowerPoint slides on CD Rom
3. Access to evidence-based practice CEU web course
4. A toolkit for promoting evidence-based practices
5. Pre-requisite readings, for example:
 - a. Titler, M.G. & Everett, L.Q. (2001). Translating Research into Practice: Considerations for Critical Care Investigators. Critical Care Nursing Clinics of North America, 13(4):587-604
 - b. Titler, M.G., Kleiber, C., Rakel, B., et al. (2001). The Iowa Model of Evidence-Based Practice to Promote Quality Care. Critical Care Nursing Clinics of North America, 13(4):497-509
6. Consultation with a librarian with expertise in evidence-based practice literature searches
7. Small group consultation during the Institute to facilitate project development
8. Up to 3 hours of 1:1 telephone consultation for up to 1-year following Institute attendance

Qualifications for Institute

- RN employed in practice at least 50% time
- Minimum of BSN degree, Masters preferred
- Leadership responsibilities for evidence-based practice
- It is required that participants identify a topic/project to work on during the Institute. If assistance is needed to identify a current project, please contact Laura Cullen, MA, RN, FAAN (laura-cullen@uiowa.edu; (319) 384-9144) for consultation prior to the Institute.
- Completion of pre-requisite readings

CEUs

CEU's will be granted by the University of Iowa Hospitals and Clinics' Department of Nursing (Iowa Board of Nursing Approved Provider # 34). Participants must attend the entire program each day to receive full credit.

Registration Fees

The \$1500.00 registration fee should be in the form of a check made payable to University of Iowa Hospitals and Clinics/Department of Nursing. Requests to cancel must be received in writing, postmarked on or before **January 15, 2010**. A processing fee of \$75.00 will be deducted from your refund.

Application Deadline/Mailing Address

January 7, 2010

Center for Nursing Quality, Professional Development, Research and Informatics

ATTN: Grace Rempel

Department of Nursing Services and Patient Care

University of Iowa Hospitals and Clinics

200 Hawkins Drive, RM T154 GH

Iowa City, IA 52242-1009

Fax: (319) 356-4348

Please note that although the deadline for application is January 7, 2010, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.

Notification of Acceptance

Acceptance letters will be sent by January 19, 2010.
If questions, please call 319-384-6737.

We reserve the right to cancel the program if it is not full. In the unlikely event that happens, you would be placed in the next available program or your registration fee fully refunded.

For More Information

(319) 384-6737 / laura-cullen@uiowa.edu / grace-rempel@uiowa.edu

Faculty/Consultants

Faculty from the University of Iowa Hospitals and Clinics and the University of Iowa College of Nursing:

Laura Cullen, MA, RN, FAAN, Evidence-Based Practice Coordinator – Center for Nursing Quality, Professional Development, Research and Informatics

Jennifer Deberg, OTR, MLS, Librarian, Hardin Library for Health Sciences, University of Iowa

Cindy Dawson, RN, MSN, CORLN, Nurse Manager, Otolaryngology & Oral Surgery Clinics, Medical Surgical Services

Michele Farrington, BSN, RN, Staff Nurse, Children's & Women's Services

Joseph Greiner, MSN, RN, Advanced Practice Nurse, Intensive & Specialty Services

Vicki Kraus, PhD, ARNP, CDE, Advanced Registered Nurse Practitioner, Medical Surgical Services

Jody Kurtt, RN, MA, Associate Director Clinical Services, Children's & Women's Services

Sherry Lang, MA, RN, CPNP, CNA-BC, Nurse Manager, Children's and Women's Services

Barbara Rakel, PhD, RN, Assistant Professor, University of Iowa College of Nursing

Jill Scott-Cawiezell, PhD, RN, FAAN, Professor and Area Chair for Systems and Practice, University of Iowa College of Nursing

Anne Smith, MSN, RN, Advanced Practice Nurse, Center for Nursing Quality, Professional Development, Research and Informatics

Michele Wagner, RN, MSN, CNRN, Advanced Practice Nurse, Intensive & Specialty Services

Non-Discrimination Statement

If you are a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Center for Nursing Quality, Professional Development, Research and Informatics in the Department of Nursing at (319) 384-9098 to discuss your needs.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Institute Location

Nursing Clinical Education Center
Located off Elevator B on 4th floor of General Hospital
University of Iowa Hospitals and Clinics
200 Hawkins Drive
Iowa City, IA 52242

Hotel Information

Holiday Inn Express
970 25th Avenue
Coralville, IA 52241
(319) 625-5000

Please make your hotel reservation directly with the Holiday Inn Express. The University of Iowa Hospitals and Clinics has reserved a block of rooms for a special rate of \$89.90 plus tax for single or double occupancy.

You will need to identify yourself as “API” attendee to receive the reduced rate. Reservations must be made *no later than February 2, 2010* to receive the discounted room rates.



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Application Form

Directions: Please complete the following application. If you have questions, please contact Grace Rempel at (319) 384-6737 or grace-rempel@uiowa.edu.

Application Deadline: January 7, 2010 *(Please note that although the deadline for application is January 7, 2010, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.)*

Registration Fee: _____ \$1500.00 check made payable to University of Iowa Hospitals and Clinics, Department of Nursing (due with application)

Name: _____
(Last) (First) (MI)

Employer: _____
(Name) (City) (State)

Home Mailing Address: _____

Work Mailing Address: _____

Preferred Mailing Address: Work/Home (circle one)

Title: _____ (attach CV)

Credentials: _____

E-mail address: _____

Work phone: _____ Pager: _____

Cell: _____

Area of specialization (if applicable): _____

Percent of Employment: _____ License #: _____ State: _____

Name to contact in case of emergency: _____ Phone: _____

For emergency purposes, please list your allergies to medications (use back if necessary):

Experience

1. What is your scope of practice?
2. What has been your experience with evidence-based practice?

Institute Plan

A. IDENTIFICATION OF EVIDENCE-BASED PRACTICE PROJECT TO BE DEVELOPED.

1. Content area

- a) What will be your topic/content area focus (e.g., fall prevention) during the Institute?
- b) Why is the topic of interest to you? What is your rationale for selecting this content area?

2. Purpose of the Evidence-Based Practice project

- a) What patient population will benefit from this project?
- b) What patient outcomes do you anticipate being influenced by implementation of the evidence-based project in your institution?

3. Progress to-date

- a) Have you started working on this project? Yes No

If yes, please describe where you are in the process.

- B. LIBRARIAN ASSISTED LITERATURE SEARCHES will be scheduled for all participants. The literature search will identify the best evidence related to your clinical topic identified above.
- C. CRITIQUE OF THE EVIDENCE: A discussion session will be scheduled for each participant to attend. There will be two sessions to allow sufficient time for critique. Sample research articles for the critique session will be distributed with additional program pre-requisites.

D. **CONSULTATION REQUESTS** – During the Institute, you will have time available to consult with experts in the following areas. The goal is to visit with a consultant specific to your topic and needs. **Please rank your top 3 consultant needs (1=most important).**

- ____ Quality improvement: Meet with UIHC expert to discuss integrating evidence-based practice into your QI/PI program.
- ____ Project evaluation: Meet with a UIHC expert to discuss development of evidence-based practice project evaluation and statistical analysis of evaluation data.
- ____ Organizational infrastructure: Meet with a UIHC expert to discuss building evidence-based practice into your organizational infrastructure and gathering support from key stakeholders.
- ____ Clinical expert: Meet with a UIHC expert to discuss your clinical topic identified previously in your application.
- ____ Development of educational materials: Meet with a UIHC expert in nursing education to discuss development of educational resources found to be useful in promoting practice changes (e.g., resource manuals, algorithms, pocket cards, posters, reminders, practice prompts, computer based training, etc.).
- ____ Other (please specify) _____

E. **BENEFITS OF INSTITUTE FOR EMPLOYING INSTITUTION:**

How will participation in this Institute benefit your organization?

F. **RESOURCES TO BRING FOR YOUR USE:**

- Project materials
- Policy and procedure template
- Departmental organizational chart
- Laptop – optional
- Pre-requisite materials

Applicant Signature: _____

I agree to release applicant to attend conference and to provide continued support for integration of evidence-based practice.

Signature of Applicant’s Direct Administrator/Supervisor: _____



Preparatory materials

Materials to prepare for the program will be forwarded after acceptance into the program AND confirmation of sufficient enrollment.

Application deadline: January 7, 2010

Please note that although the deadline for application is January 7, 2010, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.

Return completed application (with check made out to University of Iowa Hospitals and Clinics, Department of Nursing) to:

Grace Rempel, BS, Program Associate
Center for Nursing Quality, Professional Development, Research and Informatics
Department of Nursing Services and Patient Care
University of Iowa Hospitals and Clinics
200 Hawkins Drive - RM T154 GH
Iowa City, IA 52242-1009
(319) 384-6737 / grace-rempel@uiowa.edu