



# **M**OTHER'S MILK *Ordering Donor Human Milk*

## **Iowa Hospitals**

**To order donor human milk for hospitalized premature and term infants from the Mother's Milk Bank of Iowa:**

1. Call **877-891-5347** or **319-356-2652** (Mother's Milk Bank of Iowa)
2. Fax doctor's order (**319-384-9933 FAX**) to Jean Drulis
  - patient's name (or hospital name if ordering to have supply on hand)
  - indicate number of bottles (each bottle contains 100 ml)
  - medical indication (prematurity, hypoglycemia, hyperbilirubinemia, etc.)
3. Fax signed parent agreement
4. Fax billing information

*“Dietetic interns at the University of Iowa Hospitals and Clinics have a very rare opportunity to see the inner-workings of a milk bank and to witness first hand the benefits to the infants. The knowledge and experiences the students gain will enable them to take this expertise to their own places of work to further advance the health of young infants.”*

*Laurie Kroymann, MBA, RD, LD  
Dietetic Internship Director  
University of Iowa Hospitals and Clinics*

Human milk is the preferred feeding for infants. But there are times when a mother cannot provide human milk for her baby. That is almost always the case during the first few days after birth because it usually takes a minimum of two days for the mother's milk to come in, and often it takes much longer. During that time, the baby receives the colostrum the mother provides. But by providing additional (banked) human milk, we stimulate the baby's stomach and provide valuable nutrition. Also, when babies are already older, mothers who have been pumping successfully sometimes experience a decline in the milk supply. We then supplement her milk supply with milk from the Mother's Milk Bank. Some mothers have elected not to pump. For the baby to receive the benefits of mother's milk, we can feed milk from the Mother's Milk Bank.

The Mother's Milk Bank of Iowa provides pasteurized (heat treated) human milk. The milk is donated by healthy women who are nursing their own babies and have extra milk to donate to the Milk Bank. The donors are carefully screened. They receive no compensation. The milk from several donors is pooled and heat-treated. The heat treatment kills all known viruses and bacteria. Before the milk is dispensed it is tested to make sure it contains no bacteria.

We would like to feed your baby donated, heat-treated human milk from the Milk Bank. The alternative to banked human milk is formula. You have been given a brochure that provides additional information about the Mother's Milk Bank of Iowa. By signing below you acknowledge that you have been informed about banked human milk and its intended use in feeding your baby.

**I am in agreement that my baby:**

---

***should be fed banked human milk provided by the Mother's Milk Bank of Iowa. I was provided information about the Milk Bank and have had the opportunity to ask questions about banked human milk.***

---

*date*

---

*parent signature*

---

*printed name of parent*

---

*relationship to baby*

---

*witness*

