



Gravity Enteral Feeding

Your Feeding Plan

Type of Feeding Tube:_____ Formula_____

Rinse with _____ml water every ____hours, before and after medications placed in feeding tube, before feedings are started and after stopped.

Feeding regimen:_____

I. Set up of Formula

1. Wash hands. Prepare work area.
2. Open and remove tubing from package.
3. Close the roller clamp on the tubing of the feeding bag.
4. Shake can of formula well then pour amount specified by your doctor, into bag.
5. Hang bag up, open roller clamp until formula comes through tubing and let a few drops of formula drip out of end of tubing. Do not over-fill the drip chamber.
6. Close the roller clamp.

II. Flush feeding tube before hooking up to bag/tubing.

1. Draw up 60 cc water into syringe, connect to feeding tube and slowly flush.
2. If you meet resistance when flushing, use the clog zapper provided for you with your supplies
3. Connect end of tubing to feeding tube.
4. Open the roller clamp halfway (rate to be determined by your doctor's recommendations.)

III. To end feeding.

1. When bag is empty, close roller clamp.
2. Flush with 60cc water and close end of feeding tube.

IV . Bag Cleaning and syringe change.

1. Wash bag after every feeding with hot, soapy water, drain, rinse with hot water until runs clear.
2. Discard bag after 48 hours of use
3. 60cc syringe used for flushes are to be used for one week, then discarded.

Trouble shooting guide

Overfilled drip chamber: Disconnect drip chamber & tubing, squeeze extra formula out, reconnect tubing. OR Empty formula out of bag, and tubing and start refill process again.

Clogged Feeding tube: Instill Clog Zapper as per instructions. If this doesn't resolve clog, call your home care nurse for further instructions.

Dislodged Feeding tube: Turn off feeding and contact nurse for instructions.

Diarrhea and/or Cramps : Call nurse if five or more liquid stools in one day. Nurse will review with MD to see if administration rate needs to be changed. Prevent bacterial contamination which could cause diarrhea: do not let formula sit out at room temp >6 hours, discard refrigerated formula after 24 hours, wash hands before touching feeding bag tubing or formula, clean and change tubing as instructed.

Nausea, Vomiting or Reflux: When removing formula from refrigerator, allow to come to room temp before using. Elevate shoulders and head 30 to 40 degrees or sit in recliner type chair during feeds.

Thirst / Dry mouth: Keep mouth clean with gentle brushing. Moisten lips with petroleum jelly or other lubricant. Rinse mouth with Warm water or mouthwash at intervals during the day.