



Syringe Enteral Feeding

Your Feeding Plan

Type of Feeding Tube:_____ Formula_____

Rinse with _____ml water every ____hours, before and after medications placed in feeding tube, before feedings are started and after stopped.

Feeding regimen:_____

I. Set up of Formula

1. Wash hands. Prepare work area.
2. Open and remove syringe from package.
3. Shake can of formula well then pour amount specified by your doctor, into a container.

II. Flush feeding tube before feeding.

1. Draw up 60 cc water into syringe, connect to feeding tube and slowly flush. If you meet resistance when flushing, use the clog zapper provided for you with your supplies.
2. Draw up formula into syringe, connect to feeding tube, and push slowly into feeding tube. Continue this process until formula container is empty.

III. To end feeding.

1. Remove syringe from feeding tube, flush with 60cc water and close end of feeding tube.

IV . Syringe Cleaning and syringe change.

1. Wash syringe after every feeding with hot, soapy water, drain, rinse with hot water until runs clear.
2. 60cc syringes used for flushes and feeding are to be used for one week, then discard.

Trouble shooting guide

Clogged Feeding tube: Instill Clog Zapper as per instructions. If this doesn't resolve clog, call your home care nurse for further instructions.

Dislodged Feeding tube: Turn off feeding and contact nurse for instructions.

Diarrhea and/or Cramps : Call nurse if five or more liquid stools in one day. Nurse will review with MD to see if administration rate needs to be changed. Prevent bacterial contamination which could cause diarrhea: do not let formula sit out at room temp >6 hours, discard refrigerated formula after 24 hours, wash hands before touching feeding bag tubing or formula, clean and change tubing as instructed.

Nausea, Vomiting or Reflux: When removing formula from refrigerator, allow to come to room temp before using. Elevate shoulders and head 30 to 40 degrees or sit in recliner type chair during feeds.

Thirst / Dry mouth: Keep mouth clean with gentle brushing. Moisten lips with petroleum jelly or other lubricant. Rinse mouth with Warm water or mouthwash at intervals during the day.