



UI Consult

Your link to University of Iowa physicians and services

Fall 2007

Lung transplants available again in Iowa

Dianna Bauman is living, breathing proof that the Lung Transplant Program recently re-launched by University of Iowa Health Care was sorely needed. After a long battle with lung disease, the Grinnell woman's physician gave her two more years to live. She needed a transplant, but that would have meant moving to St. Louis—an idea Bauman rejected. "I'd rather spend the time I had left with my family," she said. Then she found out about the UI's program, recently

approved by the United Network for Organ Sharing, and within weeks she became a transplant recipient. Lung diseases that can be considered for transplant include:

- Chronic obstructive pulmonary disease
- Interstitial lung disease
- Airway disease
- Cystic fibrosis
- Pulmonary hypertension

For more details or to refer a patient, call UI Consult and ask for Jana Beaver, RN, BSN. [UI](#)

Spine Center leads the way with non-invasive options

Are you treating a patient who is looking for a non-surgical approach to managing chronic spine pain? The UI Spine Center has helped hundreds of people lead active lives following back injury or disease. "The UI Spine Center now has three physical medicine and rehabilitation physicians who examine and treat patients using specialized services like

electrodiagnosis, spinal injections, and medical acupuncture," said medical director Joseph Chen, MD. Since 1985, the Center has offered Iowa's only interdisciplinary Spine Rehabilitation Program for patients with chronic pain. For more information or to refer a patient, call UI Consult and ask for the UI Spine Center. [UI](#)

Two pediatric weight management programs launched

UI Children's Hospital has launched two new pediatric weight management programs.

- Pediatric Health Intervention and Treatment (PHIT) is an eight-week program for six- to 12-year-old elementary school children. It involves education about nutrition and behavioral issues for parents and fun learning activities for children. The next session is planned for January. For more information or to refer a patient, call UI Consult and ask for

Stacy McConkey, MD.

- Shapedown: Just For Teens is a 10-week program for overweight adolescents in grades seven to 12. It incorporates a range of family therapy and psychoeducational techniques to help increase physical activity and improve esteem and family communication. The pilot program is currently under way, and organizers hope to make future sessions available. See www.uihealthcare.com/healthyweight for referral information and schedules. [UI](#)

Spotlight on UI Neurosciences

Rest assured in UI Sleep Disorders Center

The Department of Neurology's Sleep Disorders Center is a one-of-a-kind resource for patients with excessive daytime sleepiness, severe chronic insomnia, unusual spells during sleep, and more. Led by Mark E. Dyken, MD, and fully accredited by the American Sleep Disorders Association, the Center boasts a laboratory and a variety of subspecialty clinics, including a pediatric sleep clinic specializing in children with developmental disabilities and their sleep complaints. "We recently became a selected site for a drug study for people with persistent sleepiness despite successful treatment of sleep apnea with CPAP, as we have one of the world's few formal CPAP follow-up clinics," Dyken said. "We also recently moved to the Center for Disabilities and Development [a short walk from UI Hospitals and Clinics], where we offer continental breakfast, HDIVs, and a beautiful, quiet garden setting." For more information or to refer a patient, call UI Consult and ask for the Sleep Disorders Center.

Acoustic neuromas treatable

In the journal *Otology & Neurotology* (Vol. 27, No. 3, 2006), "we reported a large number of patients who were identified early and had small tumors not touching the brainstem," said Bruce Gantz, MD, head of the Department of Otolaryngology—Head and Neck Surgery. "With small tumors, surgical removal using a hearing preservation procedure has been very successful." In fact, UI's results were among the best reported. "If an individual has a tumor less than one centimeter long and has better than 70 percent word understanding preoperatively, there is a more than 70 percent chance of preserving the hearing at that level or better. Preservation of normal or near-normal facial nerve function was 97 percent in this group of individuals." Patients with unilateral hearing loss and/or unilateral tinnitus should be imaged for an acoustic tumor. For more information or to refer a patient, call UI Consult and ask for Bruce Gantz, MD. [UI](#)

Outpatient services expand to offer enhanced patient care

To accommodate the growth of the program, a new Department of Neurosurgery clinic and office space complex—optimally designed for academic, clinical, and administrative activities—has been completed. In other "moving" news:

- Internal Medicine Specialty Clinics and Dermatology have moved to the third level of Pomerantz Family Pavilion (PFP) along with Pulmonary Diagnostic and Interventional Services, Bone Densitometry, and Phlebotomy Intake. The internal medicine specialty practices include allergy/immunology, complementary alternative medicine, endocrinology (including diabetes and weight management), infectious diseases (including virology and travel clinic), nephrology, rheumatology, and surgical co-management. As part of the Dermatology move, the Phototherapy Unit added UVA-1 services to treat eczema, morphea, scleroderma, and graft-versus-host disease.
 - A new UI Women's Health Center has opened, home to UI Obstetrics and Gynecology and Women's Wellness and Counseling. The Women's Center, also located on the third level of PFP, consolidates ob/gyn services from previous locations and brings it closer to such key services as the UI Maternity and Breast Imaging centers.
 - These openings complete the \$39.6 million ambulatory services project, which included the opening of the new UI Ambulatory Surgery Center. [UI](#)
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New Faculty

UI Hospitals and Clinics and the UI Carver College of Medicine are pleased to introduce the following faculty:



One call puts you in touch

UI Consult is a centralized resource linking health care providers to University of Iowa physicians and services at University of Iowa Hospitals and Clinics. Whether you are seeking a consultation, are providing a referral, need patient information, or want news about clinical trials or CME courses, a single call is all it takes to put you in touch with the right person. **UI Consult is available 24 hours a day, 7 days a week.** Simply call 800-322-8442. When referring a patient, you may also fill out an online referral form at www.uihealthcare.com/consult.

Information needed to refer a patient:

- Patient's name
- Address
- Phone number
- Date of birth
- UI Hospitals and Clinics registration number (if born or previously seen here)
- Type of insurance (i.e., HMO, workers' compensation, medical assistance)
- Nature of the medical problem
- Services you would like us to provide

ANESTHESIA

Esther Benedetti, MD
Clinical focus: Pain medicine

CARDIOTHORACIC SURGERY

Randy Stevens, MD
Clinical focus: Congenital cardiathoracic surgery; cardiac transplantation; pediatric cardiac surgery

DERMATOLOGY

Brian Swick, MD
Clinical focus: General dermatology; dermatopathology

FAMILY MEDICINE

Natalie Lanternier, MD
(UI Family Care—Lone Tree)
Clinical focus: Obstetrics and gynecology; pediatrics; preventive medicine

Julia Swanson, MD
(UI Family Care—Southeast Iowa City)
Clinical focus: Pediatrics; women's health

INTERNAL MEDICINE

(by division)

Allergy and Immunology

Antoine Azar, MD
Clinical focus: Recurrent and unusual infections; immunodeficiency; immune disorders; general allergy-immunology

Amy Dowden, MD
Clinical focus: General allergy-immunology

Cardiovascular Medicine

Alexander Mazur, MD
Clinical focus: General cardiovascular medicine

Kim Staffey, MD
Clinical focus: Cardiac imaging, including echocardiography, nuclear cardiology, and coronary CTA; and general cardiovascular medicine

Endocrinology and Metabolism

Amal Shibli-Rahhal, MD
Clinical focus: Osteoporosis; general endocrinology

Gastroenterology and Hepatology

M. Nedim Ince, MD
Clinical focus: General gastroenterology

General Internal Medicine

(The first four physicians listed are in the UI Family Care Center—Internal Medicine Clinic on campus)

Ole Behrendtsen, MD
Clinical focus: General internal medicine; psychiatry

Dale Bieber, MD
Clinical focus: General internal medicine; pediatrics

Jason Blackham, MD
Clinical focus: General internal medicine; sports medicine

Rebecca Davis, MD
Clinical focus: General internal medicine

Vikas Sharotri, MBBS
Clinical focus: General internal medicine

Hematology, Oncology, and Blood and Marrow Transplantation

Thorvardur Halfdanarson, MD
Clinical focus: Advanced cancer management; general hematology-oncology

Mohammed Milhem, MD
Clinical focus: Sarcomas; general hematology-oncology

Infectious Diseases

Birgir Johannsson, MD
Clinical focus: Antimicrobial resistance; general infectious diseases

Judy Streit, MD, PhD
Clinical focus: General infectious diseases

Nephrology

Neerja Agrawal, MD
Clinical focus: Kidney transplantation; lupus nephritis; general nephrology

Heather Muster, MD
Clinical focus: Chronic kidney disease and cardiovascular risk; general nephrology

Carla Nester, MD
Clinical focus: Glomerular disease; general nephrology

Pulmonary, Critical Care, and Occupational Medicine

Julia Klesney-Tait, MD, PhD
Clinical focus: Pre- and post-lung transplant evaluation and management; general pulmonary medicine

Brent Peters, MD
Clinical focus: Evaluation and management of lung transplant patients; pulmonary hypertension; general pulmonary medicine

David Stoltz, MD, PhD
Clinical focus: Cystic fibrosis; general pulmonary medicine

NEUROLOGY

Ana Recober, MD
Clinical focus: Headache and facial pain

Teri Thomsen, MD, JD
Clinical focus: Movement disorders; deep brain stimulation therapy; Botox injections

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Upcoming CME Activities

For the full list of upcoming University of Iowa continuing medical education events, visit: www.medicine.uiowa.edu/cme/ or call the CME office, 319-335-8599.



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New Faculty *continued*

OBSTETRICS AND GYNECOLOGY

Merida Miller, MD
Clinical focus: General obstetrics and gynecology

ORTHOPAEDICS AND REHABILITATION

Nicolas Noiseux, MD
Clinical focus: Hip and knee reconstruction

OPHTHALMOLOGY AND VISUAL SCIENCES

Michael Wagoner, MD
Clinical focus: Cornea and external disease

PATHOLOGY

Stacey Klutts, MD
Clinical focus: Medical microbiology

PEDIATRICS

Alex Bassuk, MD
Clinical focus: Neurology

Nancy Bonthius, PhD
Clinical focus: Developmental and behavioral medicine

Patrick Brophy, MD
Clinical focus: Nephrology

Keala Clark, MD
Clinical focus: Critical care

Abhay Divekar, MD
Clinical focus: Cardiology

Eyad Hanna, MD
Clinical focus: Gastroenterology

Sandy Hong, MD
Clinical focus: Rheumatology

Riad Rahhal, MD
Clinical focus: Gastroenterology

Jeannie Sims, PhD
Clinical focus: Child Health Specialty Clinics

Steve Stasheff, MD
Clinical focus: Neurology

Amy Stier, MD
Clinical focus: General pediatrics; adolescent medicine

PSYCHIATRY

Jess Fiedorowicz, MD
Clinical focus: Adult psychiatry

RADIATION ONCOLOGY

Anjali Gupta, MD
Clinical focus: Head and neck cancer

Other faculty notes

Robert Rodnitzky, MD, has been named head of the UI Department of Neurology. Rodnitzky is an expert on movement disorders, including Parkinson's disease and Huntington's disease. He earned a medical degree from the University of Chicago in 1966, joined the UI faculty in 1972, and became a full professor in 1982.

Jessica Gillespie, MD, recently joined the UI Department of Surgery's Division of Plastic and Reconstructive Surgery. A 2001 graduate of Indiana University School of Medicine, she will provide a full range of plastic surgery services, including cosmetic surgery of the body and face and reconstructive surgery. [UI](#)